

# Airborne

Issue 9

## Recognition Awards are back

Who were the lucky winners at our first award ceremony in 3 years?

### Hip Hip Hooray – 20 Years for Sammy at YAA

Paramedic Sammy Celebrates 20 Years at the Charity

### Christmas is Coming!

YAA Gift Guides and Christmas Activities





# Welcome to YAA

## Welcome to our ninth issue of Airborne

There has been a lot of exciting things happening at Yorkshire Air Ambulance over the last few months. The first of our brand-new aircraft has landed in Oxford in September and is now being kitted out ready for its official arrival at our airbase in Spring 2023.

We have also recruited four new Technical Crew Members; these are brand-new positions within the Charity aiming to support the pilots with some of the aviation duties required and allow the Paramedics and Doctor to focus solely on their patients.

We've also attended and hosted many wonderful events this quarter, with the biggest being our annual Recognition Awards Evening – this was our first Recognition Awards since the Pandemic and it was a fabulous evening. It was so lovely to have all supporters, corporates and staff in one room again, and to be able to recognise the fabulous fundraising carried out across the region to help keep us flying. More on this later in the newsletter.

As we are approaching the colder months and the Christmas period, we also have lots of exciting events coming up, including our first ever charity festive Christmas lunch which was held at the fabulous Wentbridge House Hotel near Pontefract on Friday 9th December - we pulled out all the stops to include festive shopping stalls, a Michael Buble tribute act and a wonderful wreath making demonstration by one of our Paramedics Fiona Blaylock. A fabulous afternoon was had by all and we are hoping this will become an annual event.

As always, a big thank you to everyone for all their hard work and dedication to our Charity over the last quarter. As an independent charity, everyone who supports us plays an integral part of keeping us airborne. We are incredibly grateful.

On behalf of YAA, we would like to wish you all seasons' greetings.

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**Peter Sunderland, MBE, DL**  
Yorkshire Air Ambulance Chairman

# Staff Updates

We are delighted to announce that we have recently appointed four new Technical Crew Members, and a new North Yorkshire Community Fundraiser.

Lets get to know them:



## Ben Price

Ben lives in Bradford and joined us as a TCM in September 2022 alongside Alex, Ross and Tom. Before joining YAA Ben spent 12 years in the British Army and four years as an Emergency Care Assistant for Yorkshire Ambulance Service.

*"I'm really looking forward to broadening my knowledge and experiencing a different aspect of emergency medical care",* said Ben. He continued: *"Being able to fly is a bonus too!"*

In his spare time, Ben enjoys playing football and he's an avid Arsenal Football fan.



## Tom Edge

Tom lives in Tadcaster. Prior to joining YAA, Tom was in the parachute regiment and then worked scaffolding and wagon driving before working for Yorkshire Ambulance Service for four years.

Speaking of the YAA, he said: *"It is the pinnacle, isn't it? It's what everyone in emergency services aspires to be."*

In his spare time, Tom enjoys motorbiking, walking the dogs, going for a pint and spending time with his daughter.



## Ross Fairbairn

Ross lives in Newark and has a background working as a Firefighter for North Yorkshire Fire and Rescue and working in the Royal Navy as an Aircrewman.

When asked why he wanted to join YAA, Ross said: *"I wanted to carry on as a professional aviator in an emergency service environment."*

Ross loves anything outdoors and his pastimes include mountain biking, hill walking and running.



## Alex Clark

Alex lives near Wakefield and joined us as TCM in September 2022. Prior to joining YAA, Alex spent six years in the British Army as a medic and two and a half years as an Emergency Care Assistant for Yorkshire Ambulance Service.

When asked why he wanted to join YAA, Alex said: *"It's the pinnacle of emergency care!"*

In his spare time Alex enjoys Rugby and running.



## Jane Horrod

Jane joins the team as our new North Yorkshire Community Fundraiser and comes from a background working in regional press and public relations.

In her spare time Jane enjoys travelling and sports, and spending time with her children and grandchildren.



Could you become part of our life-saving team? Find out about our current job vacancies here:

[yaa.org.uk/work-for-yaa](https://yaa.org.uk/work-for-yaa)

# Patient story

Janicke Tvedt



**In September, Helicopter ER flew back to our screens for an eighth series and one of the patients featured in the first episode was Janicke Tvedt.**

Janicke, 55, was walking her Labrador Goose with her partner David when she was attacked and trampled by cows. They had gone walking to take Janicke's mind off her impending cancer surgery which was scheduled for a few days later. The cows who attacked Janicke had young calves with them and it is thought that the cows attacked as a form of protection for their young calves, even though Goose was on a lead and they were some distance from the herd.

Janicke said of her incident: "As soon as we entered the field, I could see that there were cows up ahead. So I grabbed the dog and put him on his lead. We initially thought we had managed to walk around the herd, but then realised there

was another cow on the other side of the hedge with a calf which got spooked by Goose. We were a bit shaken and scared so regrouped and carried on walking away from the cows, but the next thing we knew, half of the herd had come back after us.

Three initially pinned us against the hedge with the rest of the herd behind. I thought if we keep still, they will get bored and go away, but after 10 minutes I got headbutted in the knees as a cow went for the dog, and I was knocked to the floor. As I was lying on the ground and another cow raised its front half up and stamped its hooves on me at least four times - landing on my legs, abdomen and chest."

Cattle can weigh more than a tonne and over the last few years, several people have died in North Yorkshire due to dangerous cow encounters.

**Janicke continued: "After that, one of the cows rolled on top of me and then everything went quiet. I was lying there, and my partner came back and helped me. He helped me over to a nearby tree as the cows had blocked the exit and I put my head between my knees as I felt like I was going to pass out.**

**Cows surrounded us near the tree. I knew something serious was wrong. I told David where to find my Will and what my wishes were, then luckily the cows left."**

Having lost their phones in the attack, her partner, David ran to nearby Masham Golf Club and managed to get one of the golfers to phone the emergency services. A passer-by wrapped Janicke in his t-shirt to keep her warm while waiting for help.

We dispatched our Nostell aircraft to Janicke's incident and after an on-scene assessment by our crew, she was flown to Leeds General Infirmary for further treatment.

Tests at the hospital revealed that Janicke had broken several ribs and damaged part of her bowel. Janicke underwent surgery which included colon resection and had a colostomy bag fitted. Unfortunately, this also delayed her cancer treatment.

"It was worrying that it had been put back", said Janicke. "But I managed to get the surgery in October and thankfully I was then given the all clear."

The cow attack has left lasting physical and emotional harm to Janicke, but she is slowly rebuilding her confidence on walks and has since had the colostomy bag retracted. As part of her rehabilitation, she is walking 1,000 miles to raise funds for our Charity.

Speaking of YAA, she said: "I've always believed Yorkshire Air Ambulance do an amazing job and I have supported them for a very long time. It was such a shock to then need to call on them, but I knew when they arrived, I was in safe hands. I feel indebted to their service."

**Missed an episode of Helicopter ER this series? Catch up on Discovery+ now.**



**Read more patient stories here:**  
[yaa.org.uk/news-patient-stories/  
patient-stories](https://yaa.org.uk/news-patient-stories/patient-stories)

# Sammy Wills



**On September 21st, our wonderful Sammy Wills celebrated 20 years of working with the YAA! We caught up with Sammy to find out how feels about being one of our longest serving HEMS Paramedics and what it was like when she started with us 20 years ago.**

Sammy joined YAA on 21st September 2002 when we had only been operational for two years, flying from our first home, a small Portakabin at Leeds Bradford International Airport.

*"When I started at Yorkshire Air Ambulance, no one recognised that we are a charity, they wouldn't have thought to have put the two words together. Now we're recognisable all over the world", said Sammy.*

Reliving her first day, she said: "I finished my training on the Friday at Leeds Bradford Airport and the duty crew asked me if I had passed. Then they asked if I could do them a favour and swap my shift to work the next day. My first job was a road traffic collision on a roundabout in Leeds. One of the occupants was heavily pregnant. Luckily, all the occupants were fine, and the pregnant lady was taken to the hospital as a precaution. It was a gentle introduction to the HEMS world."

Sammy is one of our only current YAA crew members to have experienced flying on all three models of our helicopters. "I have had the privilege of flying on every single air ambulance Yorkshire has had. Initially, we rented and now we own both our aircraft, which is a credit to the charity. A lot has changed over the years, we have really enhanced the style of the aircraft and we have a lot more space. The first thing I noticed when we upgraded to G-SASH and G-CEMS (the MD902 Explorers that were our second helicopters) from our first Bolkow, was that the new helicopters didn't smell like museum pieces! When I first flew G-PASG (our original Bolkow helicopter), it smelt like aircraft that you used to visit at a museum. I always loved aviation as a kid. It genuinely did smell of old aviation fuel and electrics."

It is not only the helicopters that have changed over the past 20 years but also the Paramedic's skillset and the equipment used on board. This year we're also celebrating our first year having the largest female HEMS crew since we began.

***"At one point I was the only female crew member and now we've taken over a whole corner of the locker room", Sammy jested.***

Speaking of their enhanced skillset, Sammy spoke of a recent thought-provoking mission: "It was only recently when I attended a particular job that I realised how far the charity has come in the last twenty years. We did everything we could for the patient and there was nothing else known to man that we could have done that wouldn't have been performed in the hospital. We had the whole team working on the patient as best we could. It was like a milestone. When I look at what we did 20 years ago to what we do now, we as a charity and as a service have come massively forward. We didn't even have morphine on board when I started."

Over the last 20 years, Sammy has become one of our most recognised and loved HEMS Paramedics, achieving fame on the hit TV show, Helicopter ER. "I do get stopped a lot, especially when the series is on. It's always nice to be able to say thank you to our supporters. What is embarrassing though, is when you get recognised in your swimming costume when you are abroad! I've even been on a bus in Kenya when a Scottish lady turned round and said I know you, you're on the helicopter" Sammy continued.

Speaking of why she is proud to have worked at our Charity for the last 20 years, Sammy said: "Because it's a privilege to help people on the worst day of their lives and support them with the state-of-the-art aircraft and training and with the best Critical Care Team available, alongside the colleagues who you have total faith in, and do your very best as a complete team. It's not just about getting there fast or flying them fast to the hospital, it's the team that work together, drill together, eat together and play together that help that individual or whole families by performing together on the job."



Peter Sunderland, Chairman said: "We would like to congratulate Sammy and express our huge gratitude and thanks for her 20 years of dedication to our Charity. Sammy's enthusiasm for her role never falters and she is an asset to our crew and a firm part of the YAA family."

# NEW Helicopter update



**The next six months will be an incredibly exciting time for us as we countdown to the arrival of our new aircraft. We will be welcoming to Yorkshire, G-YAAA and G-YORX, the new 5-bladed versions of the upgraded H145 model we currently operate.**

The new registration marks will be unique to the YAA and are a fitting tribute to the Charity and God's own County in which we operate. YAAA reflective as an acronym of Yorkshire Air Ambulance (with an extra A!) and YORX to encompass Yorkshire.

G-YAAA has already arrived in the UK and is currently undergoing its medial fit-out at Airbus HQ in Oxford and will be due in Yorkshire to begin operational service in Spring 2023. G-YORX will follow into service by early Summer.



# Patient story

Eric Scaife

**Eric Scaife, who was 74 at the time, was travelling home on a country road after visiting his son in Castleford when he lost control of his vintage motorbike, and was thrown 20ft down the road into a parked car.**

Speaking of his incident, Eric said: "I was on my way home between Castleford and Leeds, but for some reason, I had turned off on another road that I don't usually go on. Apparently, I had what was called a vacant episode and I wasn't fully aware of what was going on when the incident happened."

His body absorbed the impact of the crash as Eric landed on the road, and he was left with multiple, serious injuries. A passer-by stopped to help and call the emergency services.

Due to the seriousness of his injuries, our Topcliffe aircraft was dispatched. On scene, we noticed that Eric's blood pressure was alarmingly low and worked as fast as we could, giving him a blood transfusion at the roadside to stabilise him.

As Eric was at risk of going into cardiac arrest, the decision was taken to transport him to the hospital via land ambulance and our crew accompanied him on the journey to Leeds General Infirmary. During the journey to the hospital, Eric went into cardiac arrest and our Paramedics worked hard to restart his heart using CPR and a defibrillator. He was rushed into Resus in the A&E department where hospital staff took over the fight to save his life. It was a very close call.

"My son had been told it was best to have another ten minutes with me as I wouldn't last until morning. When you are told that, it was more serious than what I realised", said Eric. Thankfully Eric defied the Doctors and is still here to tell his tale.



Tests revealed that Eric had broken his back, several ribs, a knee and punctured his lung when he crashed his vintage bike. He spent two weeks in hospital and another eight weeks in a care home undergoing rehabilitation.

Speaking of his recovery, Eric said: "It took me quite a few weeks to recover, I had difficulty getting up and down stairs."

It wasn't until after the incident it was revealed that Eric had a serious bike incident four years prior and also ended up in our care. It was the second time that we had come to Eric's rescue.

Eric has since given up his motorbike and has taken up archery, walking and cycling which has helped with his rehabilitation.

"I only want to drive on the road if I consider myself to be safe on the road, I wouldn't want to risk injuring anyone else through an incident caused by me", he said.

**Read more patient stories here:**  
[yaa.org.uk/news-patient-stories/  
patient-stories](https://yaa.org.uk/news-patient-stories/patient-stories)

# Jack's generous legacy



When asked why Jack had chosen to leave a gift in his will to YAA, friend and executor of his estate, Eileen replied: "He would have seen just how necessary the air ambulance service is in rural North Yorkshire, especially as he loved the outdoors. I think he would have put a lot of thought into it. His wife had the same Will and they both agreed on the charities as they didn't have any children to leave their estate to. I think they saw this as a way of doing good and putting money into a well-deserved and needed charity."

**Caroline Myers, YAA Legacies Manager, said: "More than a third of the Charity's income comes from Gifts in Wills donations like Jack's. For many of our supporters, a gift in their Will is their most heartfelt donation to us. It is often a way of continuing what may have been a very personal, emotional or even lifelong relationship with the Charity. We are very grateful for Jack & Jackie's gift and very humbled that they thought of us to continue their legacy. The £98,000 is a wonderful contribution towards the vital funding of the service."**

**A gentleman who lived on Long Ashes residential Park near Skipton has generously bequeathed our Charity nearly £98,000 in his Will. Mr John Sutcliffe, known affectionately as Jack by all who knew him, sadly passed away on 9th November 2021 after a short battle with cancer. Jack survived his wife Jackie by two years.**

Jack was a teacher and upon retirement from teaching, Jack and Jackie moved to Long Ashes Park in Skipton. He was well known in the local community, often seen drinking in the Gamekeepers Inn with his fellow neighbours and putting the world to right. He also became a magistrate for the town of Skipton and was a member of Skipton golf club.



# The BIG YAA Quiz

**To celebrate our 22nd Birthday our Director of Aviation, Steve Waudby has put together a quiz! Find out how much you know about the YAA by completing the quiz below.**

*(Answers are on page 26)*

1. Where is the main fuselage section of the H145 made and which company makes it?
2. What year did YAA come to fruition and what type of helicopter did we fly?
3. What is the maximum weight of the H145 in kilograms?
4. If the H145 flies at 120 knots, how far in nautical miles would the aircraft have flown in 18 minutes?
5. How much does a pair of Night Vision Goggles cost to buy?
6. Approx. how much fuel in litres do both our aircraft use in 12 months?
7. What is the name of the strong tranquiliser that is used for pain relief by our critical care team – also used on horses?
8. Which hospital near Wakefield is home to the specialist burns unit?
9. In a straight line, how many nautical miles separate our two air bases?
10. What is the length of the H145 from the front rotor tip to the tail (in metres or feet and inches)?
11. How many years has paramedic Sammy Wills been flying for the Charity?
12. What does the letter X mean when used as a ground to air signal?
13. What type of engines does the H145 have?
14. What year did YAA start Night Vision Operations?
15. Which famous TV presenter was rescued by YAA having crashed his rocket car at Elvington Airfield in 2006?
16. What were the registrations of our two McDonnell Douglas MD902 Explorer helicopters?
17. How much money do we need to raise each day to maintain and operate our two helicopters?
18. How many patients have the Charity flown to hospital since we began?
19. What type of incidents do we deploy to the most?
20. If you observe someone having a heart attack, what is the first thing you should do?
21. What is the minimum flying experience that a pilot requires (in flying hours) before they can become a YAA HEMS pilot?
22. Where do our crews go to do their simulator checks? (One point for the Country and one point for the training academy)?
23. How much do two New 5-bladed H145s cost?

# Recognition Awards 2022

**On 20th October we hosted our annual Recognition Awards - the first awards ceremony we've been able to host in person, in three years! The event took place at The York Principal Hotel, celebrating Businesses and Fundraisers from across the Yorkshire region who have dedicated time and resources to raise money for our life-saving Charity.**

YAA staff personally selected the lucky winners from all parts of the region. Recently retired ITV Calendar News veterans, and YAA Patrons Jon Mitchell and Gaynor Barnes compered and hosted the awards.

**The first category** of the event was the regional Volunteer of the Year awards which went to the following worthy recipients: John and Sue Mitchell for North Yorkshire, Emma Hurst for South Yorkshire, Sara Holah for East Yorkshire and Tracy Gregory for West Yorkshire.

All our volunteers are integral to the day-to-day running of our Charity and each of them have gone above and beyond their roles as volunteers to help us raise funds and vital awareness.

**The second category** of the evening was the Community Group awards. Ripon Cathedral received the first of these awards for their 'Wing and a Prayer' installation of paper angels which raised £60k for YAA. The Hidden Market in Pickering then received their award for selling more than £25,000 of our merchandise since beginning their support three years ago. Next up was long-term supporters Emmanuel Methodist Church from Barnsley who have raised £10,000 over the last ten years from organising coffee mornings, and finally the Priory Rose Tractor Group from West Yorkshire received their award having raised an incredible £63,000 since 2019 with their popular tractor runs growing year on year.

**The Individual and Supporter Organisation awards** went to April and Stuart Martin who supported us as Mayor and Mayoress of Harrogate in 2019-2021 and raised an impressive £10,000 through a variety of fundraising methods including a black-tie dinner held at Grantley Hall, supported by the hotel owner Valeria Sykes, a Christmas Concert and a Remembrance Service collection.

The next award winners were the Silverback Golf Days from the Skipton area who have raised nearly £37,000 in memory of their friend Trace Aldersley who tragically died in 2018 – they have been organising golf tournaments and raising a toast to their beloved friend each year since.

The West region recognised Abisoye Jemiyo, a table tennis champion who has organised matches in aid of YAA raising an incredible £10,000 and Cullingworth Scarecrow Festival, who since 2010 have helped support several charities including YAA through their much-loved scarecrow festival, and to date have help raise over £12,000.

The next recipients in this category were Adam Collier, the Yorkshire Dialect expert who performs his captivating talks in return for donations and raised tens of thousands of pounds over the years and Andy Gaze, the owner of Into Gear, a motorcycle clothing and parts company in Hull who have been supporting the charity since 2015 by donating motorcycle clothing and helmets to our stalls at Oliver's Mount racing events. Finally, the South area Individual and Supporter Organisation awards acknowledged Helen Ulliyat and the staff at Cygnet Health in Sheffield who started fundraising for the YAA after a colleague's 13-year-old son, Alfie Hague, who we attended, sadly and unexpectedly passed away in January 2021. They have raised an incredible £6,700 in memory of Alfie which included a walk round Rother Valley Country Park. Beverley Taylor and the other stall holders at Mexborough Market also received an award having been fundraising for the YAA for over four years and raising a fantastic £8,000.

Betty's and Taylors Group, Sewell on the Go, HSBC Leeds and Sky Bet were the corporate award winners of the evening. Bettys & Taylors Group have been valued supporters of YAA since 2009 raising an unbelievable £58,000 to date, with nearly £19,000 of that being raised at the Northallerton store alone. Sewell on the Go are locally based independent convenience stores and petrol forecourts operating from 13 sites around the Hull and East Yorkshire region. The company have been a huge supporter of the charity for many years, and have raised over £18,000 from various events that their staff take part in.

HSBC in Leeds have supported YAA since 2019, taking part in many charity fundraising initiatives and their own fundraising activities raising an incredible £12,000 to date, and Sky Betting and Gaming are the YAA's biggest ever Business Charity of the Year partnership raising a phenomenal £113,572 during 2019 – a truly phenomenal achievement.

The Grants and Trusts Award went to long-standing supporters of the YAA - The Jack Brunton Charitable Trust, which was established in 1986 by local farmer and landowner, Jack Brunton. Mr Brunton gifted funds from his Trust, wanting to benefit the rural villages, towns and communities within boundaries of the old North Riding of Yorkshire. Since 2012 the Trust has supported us to fund essential equipment for our H145 aircraft and helicopter support equipment at our Topcliffe airbase, night vision goggles, three life-like Simbodies training manikins, and automated CPR machines.

One of the most poignant awards of the evening is always the Patient Fundraising Ambassador award which is awarded to someone who we have previously attended and who has gone on to become a fantastic ambassador for the YAA. This year's worthy recipient was Scott Remmer from Huddersfield. Scott was involved in a serious road traffic incident in 2016 which left him with permanent brain damage along with having to relearn to do many things like walk and talk again, and then in 2020, he fell during a walk at Malham Cove. Since both of his accidents, Scott has become a registered volunteer with the Charity and helped raise a tremendous amount of money and awareness at our Leeds St Johns charity shop.

Paramedic Sammy Wills was recognised with the Special Recognition Award for her 20 years of dedicated service to the Charity and the Outstanding Partnership Award went to James Potter Eggs from North Yorkshire, who have supported us since 2012 and raised a phenomenal £106,500, having sold an estimated 127,500 million eggs. The YAA receive 1p for every dozen eggs sold.

The final award of the evening, the Chairman's Award, is chosen by Peter Sunderland himself and acknowledges particularly outstanding support to the YAA. This year's worthy recipients were Chris and Jill Blundell who have shown phenomenal support to the Charity through their Yorkshire Charity Clay Days Events, Classic Car Tour and other personally organised events.

A truly wonderful evening was had by all.

# Recognition Awards 2022



Jon and Sue Mitchell



Emma Hurst



Sara Holah



Tracy Gregory



Ripon Cathedral



Hidden Market Shop



Priory Rose Tractor Group



Silverbacks



Mexborough Market



Adam Collier



Sewell On The Go



Betty's & Taylors Group



Sky Betting & Gaming



HSBC Leeds



Jack Brunton Charitable Trust



Scott Remmer



Sammy Wills



Chris and Jill Blundell

# Christmas SHOP

Stuck for Christmas gift ideas? Why not give the gift that keeps on giving by purchasing our YAA Christmas cards and gifts. All the money from these items goes directly to us and helps us greatly raise the vital funds to keep our helicopters flying over Yorkshire.

## Whitby Card



£5

## Snood

These are on offer until end of Dec with 25% off at **£9.75** (RRP £13.00)



25% OFF

## YAA 2023 Calendar



£6.50

## Flying Over Fields



£5

## Santa Feeding Reindeer



£5

## Dog Bandana



£5

## YAA Thermal Mug



£9

## Helicopter Soft Toy



£10

## YAA Bobble Hat



£10

## Tog 24 Polo T-Shirt

(available in three different colours)



£20

See more gift ideas here:

[yaa.org.uk/product/product-category/christmas-shop](http://yaa.org.uk/product/product-category/christmas-shop)



# Christmas at YAA

Join the Yorkshire Air Ambulance in the run up to Christmas and help us continue saving lives across Yorkshire. Here you can find a few ideas of how you can support the YAA this December, or donate in lieu of presents for your loved ones.

## Christmas tree

Our virtual Christmas tree is back for the third year running. Help us decorate our virtual trees by leaving a donation and selecting a bauble, topping the tree with a star, choosing a Christmas present or light with a message for a loved one or our crew.

[www.yaa.org.uk/christmas-with-yaa/christmas-message-tree-2022-1/](http://www.yaa.org.uk/christmas-with-yaa/christmas-message-tree-2022-1/)

## Decorate your own tree with our YAA baubles

Our YAA poncho balls are not only handy for an on-the-go poncho when the weather turns, but they make fabulous baubles. Remove the poncho and fill with your favourite sweet treats and hang from the tree. Now available for the first time on our online shop.

[www.yaa.org.uk/product/yaa-poncho-ball/](http://www.yaa.org.uk/product/yaa-poncho-ball/)



## YAA Advent Calendar

Discover what each door holds by checking our daily YAA Christmas advent calendar. Join in our festive fun with activities, downloadable decorations and challenges set on our advent calendar to win prizes.

## Forget Elf on the Shelf, it's all about Barnsley at the Base this year!

Follow Barnsley the Badger via our social media channels each day of December as he gets up to some mischief around the airbases!



## Recycle this New Year

If you're having a pre-Christmas clear-out to make space for your Christmas gifts or to start a fresh in the New Year, consider donating your unwanted clothing and shoes to a Yorkshire Air Ambulance recycling bank. By recycling your unwanted clothing and shoes, you can help save the planet and support the Yorkshire Air Ambulance at the same time. Find your local textile bank using our bank locator tool:

[yaa.org.uk/get-involved/recycling/recycling-bank-locator/](http://yaa.org.uk/get-involved/recycling/recycling-bank-locator/)



# Challenge Events Preview

## Looking for a new challenge to start 2023?

Whether you're looking to take up running or fancy an adrenaline fuelled day taking part in our Skydives, we have plenty of events for you to get involved in and raise vital funds for YAA.

May 21st and Sept 17th

### Skydives 2023

Discover the stunning views of the Yorkshire Coast from a whole new angle with a Skydive for YAA. Experience some of the views that our crew see from above. Join us in Bridlington on either Sunday 21st May or Sunday 17th September and experience the thrill of jumping from 10,000 feet and free-falling at over 120mph.

Register here: [yaa.org.uk/get-involved/events/yaa-events/yorkshire-air-ambulance-skydive-21may2023/](https://yaa.org.uk/get-involved/events/yaa-events/yorkshire-air-ambulance-skydive-21may2023/)



## Dates to be confirmed

### Hull 10K, Leeds 10K and York 10K

Looking to take part in your first 10k race or are you a 10k veteran looking to tackle your personal best? Join us at either the Hull, Leeds or York 10K organised by Run for All in three iconic Yorkshire cities. Dates are to be confirmed, so keep an eye on our website for further details.



July 1st

### Total Warrior

If heights aren't your thing, why not join us at Total Warrior 2023? Bigger, better, and muddier. The Great Northern Mud Run returns on Saturday 1st July to Bramham Park near Wetherby. With three obstacle challenge levels, there's a course suitable for all the family.

To purchase your tickets, visit: [yaa.org.uk/get-involved/events/run-walk-leap-cycle-swim/total-warrior-2023/](https://yaa.org.uk/get-involved/events/run-walk-leap-cycle-swim/total-warrior-2023/)



# Challenge Events Preview

July 8th

### Ultimate Yorkshire Sportive

The Ultimate Yorkshire Sportive is a 100-mile bike ride over some of Yorkshire's finest roads and hills with a crowned cash prize winner at the end. We have 10 spaces available to offer supporters. Reserve your place here: [yaa.org.uk/get-involved/events/run-walk-leap-cycle-swim/ultimate-yorkshire-sportive/](https://yaa.org.uk/get-involved/events/run-walk-leap-cycle-swim/ultimate-yorkshire-sportive/)



Sept 10th

### Great North Run

Join Team YAA for the Great North Run 2023 and take on the 13.1-mile route from Newcastle to South Shields, crossing and passing many great Northeast landmarks, including the Tyne Bridge and Gateshead International Stadium.

Register here: [yaa.org.uk/get-involved/events/run-walk-leap-cycle-swim/great-north-run-2023/](https://yaa.org.uk/get-involved/events/run-walk-leap-cycle-swim/great-north-run-2023/)



For more YAA events please visit:



[yaa.org.uk/get-involved/events/](https://yaa.org.uk/get-involved/events/)

# Fundraising *Shout Outs*



## Tractor fest brings in £9.5k

A big thank you to all who attended Huddersfield Tractor Festival and its organisers. The event raised an impressive **£9,500** deriving from stall donations, helicopter bucket collections and donations from the event itself.



## Huddersfield to Sheffield memory walk

A huge thank you to Becky Roberts, and her family & friends who walked 17 miles from Huddersfield to Sheffield, in memory of Becky's late partner, raising a fantastic **£1,032** for Yorkshire Air Ambulance.



## A flipping success!

A huge well done to Austin, a 14-year-old from Market Weighton who raised **£1,650** for us by shaving his hair and through a joint fundraiser with his not-for-profit gymnastics club, Wolds Gymnastics in Driffeld. Austin backflipped 76 times in 7.6 minutes, representing the 76 miles of three back-to-back peaks that some of his fellow gymnasts hiked.



## Mystic £55k

We would like to say a massive thank you to Claire Hartford for her ongoing support. Claire is a psychic medium who gives readings from her Instagram account. Claire started fundraising for YAA in 2021 with a huge target of £250,000 and having already raised an amazing **£55,000** in just 18 months, is smashing her way through her fundraising milestones, raising funds through her Daily Guidance live show 'Coffee with Claire'.

Read more community thank yous here:  
[yaa.org.uk/news-patient-stories/community-thank-yous](https://yaa.org.uk/news-patient-stories/community-thank-yous)

# Business *Shout Outs*

A huge thank you to specialist agricultural & construction equipment supplier **Russells**, with seven branches in Yorkshire, who have raised an impressive **£15,076** for us through the creation of a limited-edition tractor model, to celebrate the centenary of their brand.



Thank you to the team from **HGF** who walked the Yorkshire Three Peaks and raised a fantastic **£2,075** for YAA. We heard that there was lots of serious training in preparation, with some members joining gyms to get fit for the challenge. Well done!

Thank you to **Biffa** Leeds who have raised **£1,256** through their Health and Safety Charity scheme.



A huge thank you to Victoria Dougherty and James, Johnathan and Holly Haggas from the **Valley Group** in Bingley for their generous donation of **192** bags of Haribo which we have been able to sell on our stalls and raise money from!

# Corporate Spotlight: *Reed Boardall*



**In each issue, we shine the spotlight on one of our corporate partners. Organisations large and small play a critical role in raising vital funds and awareness for our life-saving Charity, through charitable funding, providing support and encouraging and inspiring people across Yorkshire to get involved.**

Boroughbridge-based Reed Boardall, one of the leading providers of cold storage and distribution services to food producers and retailers across the UK, have a three-year partnership with YAA and help us by waving the YAA flag on their fleet of refrigerated semi-trailers. In return, the Reed Boardall's logo features on both of our aircraft.

Katie Collinson, Partnership Manager said: "We are absolutely thrilled to have Reed Boardall on board, and we are very appreciative of their commitment to our charity.

"The support they have provided will help greatly towards the vital funding of our service. It costs £19,000 a day to keep both of Yorkshire's air ambulances maintained and, in the air, and the more people who see the Reed Boardall visuals and donate to our charity, the more lives across Yorkshire we will be able to save."

Stevland Town, Managing Director of Reed Boardall's transport division, said: "As a Yorkshire-based family business, we're proud to support this fantastic charity which does such a vital job for the region.

"With our fleet covering huge distances throughout the UK, we hope they will play a part in raising awareness and encouraging other businesses and individuals to lend their support to the Yorkshire Air Ambulance."

To find out more about how your business can support Yorkshire Air Ambulance, visit:  
[www.yaa.org.uk/support-us/corporate-partnerships/ways-to-partner-with-us/](http://www.yaa.org.uk/support-us/corporate-partnerships/ways-to-partner-with-us/)

# The *BIG* YAA Quiz

## Answers

1. The main fuselage is made by Kawasaki Helicopters in Japan - before being shipped to Germany.
2. The charity started on 25th October 2000 and the helicopter we started on was a Bolkow BO105, registration G-PASG.
3. The maximum weight of the H145 is 3700 kgs.
4. 120 knots is 2 miles per minute, so after 18 minutes the aircraft would have flown 36 nautical miles.
5. A pair of Night Vision Goggles costs approx. £18,000.
6. Fuel usage for 12 months is approx. 35,000 litres.
7. Strong Tranquiliser used for pain relief is Ketamine.
8. Specialist burns unit near Wakefield is Pinderfields Hospital.
9. The distance between the two air bases is 33 nautical miles.
10. The length of the aircraft is 13.63m or 44.7 ft.
11. Sammy has been flying with us for 20 years.
12. The letter X on the ground signals to an aircraft that Medical Assistance is Required or if viewed on an airfield that a runway is closed.
13. We have 2 engines on each aircraft, and they are called Arriel 2E, made by Turbomeca/Safran in France.
14. Night Vision operations started in 2017.
15. The TV presenter that crashed his racing car was Richard Hammond who went on to present BBC Helicopter Heroes featuring the work of YAA.
16. The MD902 helicopter registrations were G-SASH and G-CEMS.
17. Currently, the daily fund-raising message is £19,000.
18. We have flown over 8,500 patients to hospital.
19. The main type of incident that we deploy to are Road Traffic Collisions (Motor Car, Motor Cycle & Pedestrian Knockdowns).
20. If someone has become unresponsive and they are not breathing normally, they could be in cardiac arrest and you need to act quickly. The first thing to do is to call 999 or 112 and start CPR, using a defibrillator if available.
21. The minimum requirement for someone to be a pilot with YAA is 2000 helicopter hours with a minimum of 500 hours operating in the low-level environment.
22. The simulator is operated by ADAC HEMS Academy and is based in Hangelar, Germany.
23. 2 new 5-bladed H145s cost £16m, which includes the medical equipment for both.

# Views *from* Barnsley the Badger



Barnsley the Badger was kindly knitted and gifted to the YAA by one of our wonderful supporters and he's been busy getting himself familiar with Aircrew life over at Nostell recently.

# Thank *You*



It costs £19,000 a day to keep the Yorkshire Air Ambulance helicopters maintained and in the air, thank you for supporting our Charity and keeping us flying over Yorkshire.

You can support YAA by:

- Becoming a Volunteer
- Hosting an event
- Playing our weekly lottery
- Leaving a gift in your will

**For more information or to make a donation:**

**Visit:** [yaa.org.uk](http://yaa.org.uk)

**Phone:** 01422 237900



**Post:**

Yorkshire Air Ambulance  
Cayley House, 10 South Lane,  
Elland HX5 0HQ